The Doctor’s Survival Kit:

(A modest selection of survival equipment and supplies, to keep your favorite doctor alive !)

I made this shopping list for a friend who is a surgeon, and wanted suggestions on what to buy.

(Firearms)

Ruger 10/22 Takedown Rifle, 22 LR in Stainless Steel with Backpacker Stock

Beretta 21A Pistol, 22 LR Caliber in Stainless Steel

22 LR Ammunition, 22 LR Shotshells, and 22 LR Tracer Ammunition

H&R 20 Gauge Single-Shot Break-Action Shotgun in Stainless Steel

20 Gauge Birdshot, Buckshot, Deer Slugs, and 20 Gauge Non-Lethal Ammunition

20 Gauge Shotgun Cartridge Adapters, for various other calibers

Gun Cleaning Kit in nylon pouch, Gun Oil, and Pocket-Sized Cleaning Kit in Pouch

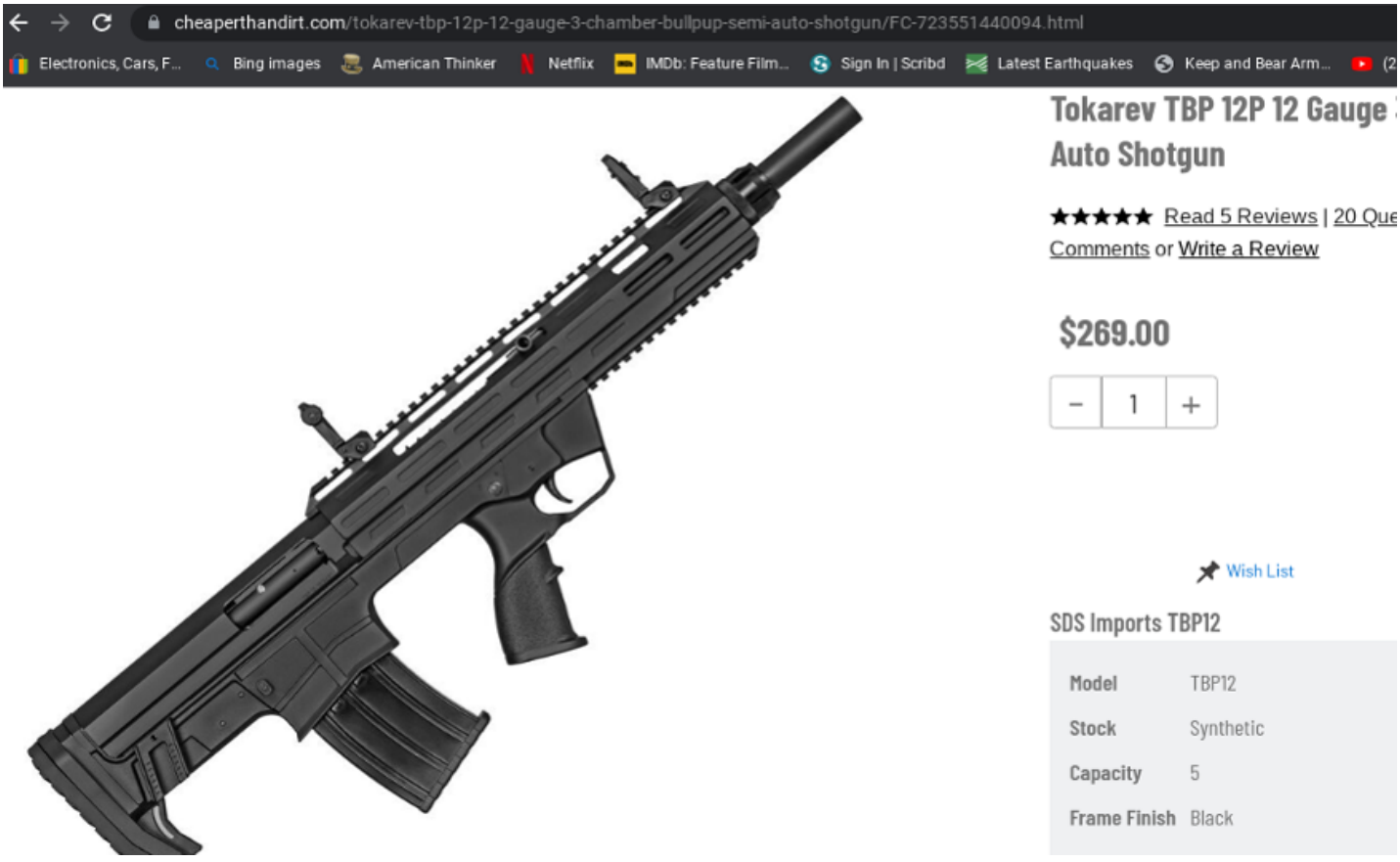
Soft Body Armor (Level 3A)

Ballistic Panel Insert (for backpacks)

Ruger 10/22 Carrying Case

Pelican Weatherproof Storage Case

Tokarev TBP 12P Semi-Auto Bullpup Shotgun in 12 Gauge



(Basic Survival Camping Gear)

Surplus One Man Tent in Woodland Camo

SPORTSMAN'S GUIDE PRODUCTS DEALS BUYER'S CLUB BLOG BRANDS Search keyword or item #

U.S. Military Surplus TCOP Combat Tent, 1 Person, Used

Item # WX2-711168 / Mfg. Number: 6206-75 / UPC: 885344863203

4.4 (23)

On-Sale! Was $229.99

$174.99 / **$157.49** Member

4 interest-free payments of **$39.38** with sezzle Details

Start a 3-Month Buyer's Club Intro Membership for just $19.99 Details

ALL CLUB ORDERS $49+ SHIP FREE!

Meet the legendary one-and-only U.S. Military TCOP, a.k.a. Combat One Person Tent. Lightweight and incredibly compact for easy, man-portable transport over large distances. Freestanding shock-corded aluminum frame sets up in almost no time for easy shelter after a long day on the trail. Vestibules keep gear secure and stowe from your sleeping area. Blackout rainfly stands up to the fiercest downpour, while the breathable nylon upper body helps moisture evaporate back out to prevent condensation. Made to incredibly strict U.S. military specs, and must-have buy for solo camping in the most isolated backcountry.

- Flame-retardant 70D 98P polyurethane-coated ripstop nylon
- Full coverage blackout rainfly with taped seams
- Breathable nylon upper body
- 2 large drop-down doors with mesh windows to keep out flying insects
- 2 vestibules provide a total area of 17 sq. ft. of dedicated gear storage
- 28-sq. ft. main tent body
- Cold weather-rated shock-corded black anodized aluminum frame (.344" diam.)

Surplus Four-Part Sleeping Bag System in Woodland Camo

Components include Camo Gortex Bivy Cover, Two Inner Bags, and Stuff Sack

Surplus Backpack in Woodland Camo

SPORTSMAN'S GUIDE PRODUCTS DEALS BUYER'S CLUB BLOG BRANDS Search keyword or item #

MII-Tec Bundeswehr 35L Rucksack, Woodland Camo

Item # WX2-725129 ★★★★★ 5.0 (2)

Clearance! Was $59.99

$35.99 $32.39 Member

Start a 3-Month Buyer's Club Intro Membership for just $19.99 Details

Color Woodland

ALL CLUB ORDERS $49+ SHIP FREE!

− 1 + ADD TO CART

In Stock Add to W

Surplus Duffle Bag in OCP (Operational Camo)

SPORTSMAN'S GUIDE PRODUCTS DEALS BUYER'S CLUB BLOG BRANDS Search keyword or item #

U.S. Military Surplus OCP Duffel Bag, New

Item # WX2-704439 / Mfg. Number: 5206-68 / UPC: 885344791933

4.2 (20)

$49.99 / $44.99 Member

Start a 3-Month Buyer's Club Intro Membership for just $19.99 Details

ALL CLUB ORDERS $49+ SHIP FREE!

1 ADD TO CART

In Stock

Add to Wis

U.S. military-grade workhorse carrier, big enough to haul all personal effects on the biggest adventure. Transports bulky, oversized stuff no problem. Good for hunting, camping, or backwoods vacation.

- Adjustable padded shoulder straps
- Web haul handle
- Exterior pocket with snap flap
- Grommet-and-loop style close

Surplus Sniper Sleeping Bag in Olive Drab

SPORTSMAN'S GUIDE PRODUCTS DEALS BUYER'S CLUB BLOG BRANDS Search keyword or item #

Swiss Military Surplus Quilted Sniper Sleeping Bag with Bivy, Used

Item # WX2-731929 / Mfg. Number: 40650-196 / UPC: 196640074263

Be the first to review this product

$59.99 $53.99 Member

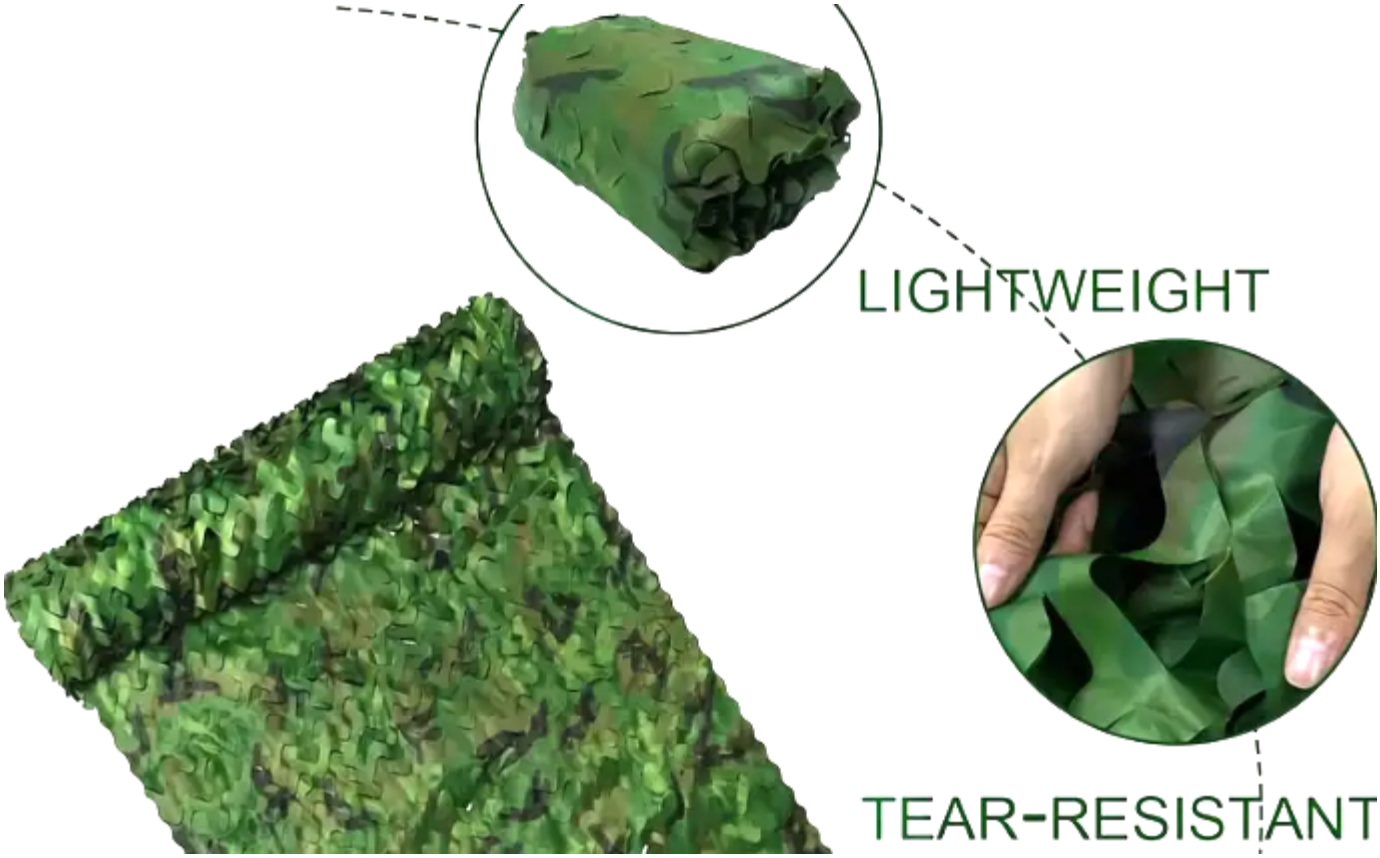
Start a 3-Month Buyer's Club Intro Membership for just $19.99 Details

ALL CLUB ORDERS $49+ SHIP FREE!

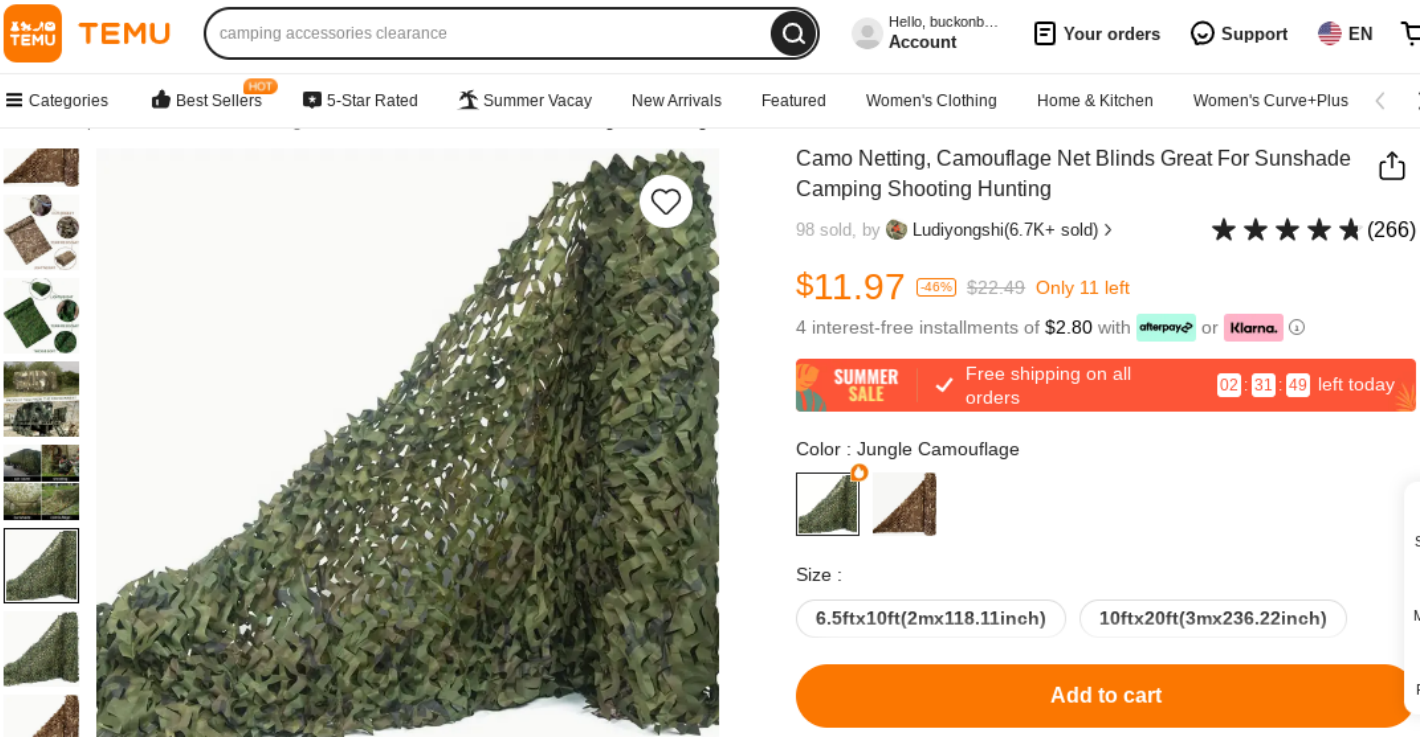
− 1 + ADD TO CART

This Swiss Military Sniper-style Sleeping Bag locks in essential body heat, keeping you ready for taking your shot. Full-length arms give add mobility for rifle use. Waterproof bivy also functions as a ground barrier to keep you dry over extended periods. Entire system packs into included Bivy for waterproof protection during transit. Pre-tested by Swiss troops during military training, each is sure to show signs of use or other individualization.

- 100% nylon outer shell, polyester fill
- Zip front with button storm flap
- Quilted polyester lining with attached drawstring hood
- Arms for ease of use
- Includes waterproof nylon Bivy Cover
- Bivy is also a storage bag for entire system



Camo Netting in Woodland Camo



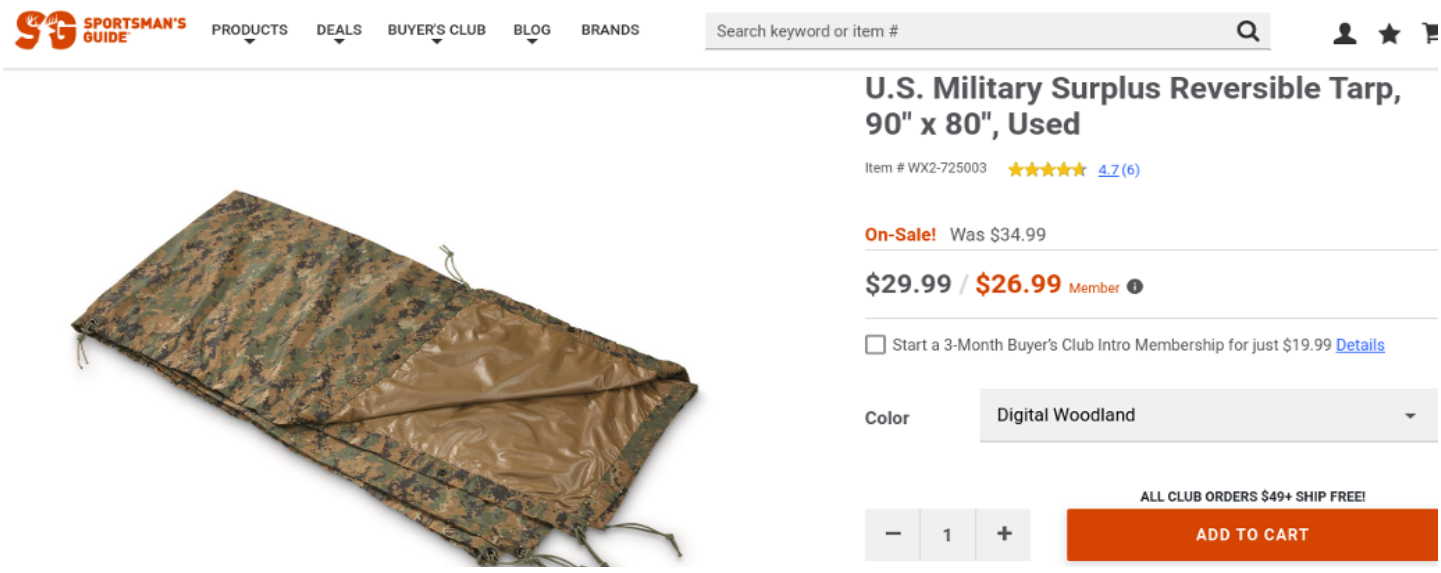
Camo Shooting Mat in Woodland Camo

The NcStar shooting mat that rolls up into a compact sized roll.

Features:

- Elbow and Knee slip resistant panels
- .30" of padding to make shooting from the prone position on the ground more comfortable. Shooting mat can also serve as ground padding under a sleeping bag when camping overnight
- Rolls up into a compact size: 19 1/2" x 8 1/2". Two hook and loop straps secure the shooting mat into a roll
- Carry handle and an adjustable shoulder strap. Shoulder strap can serve double duty to help secure your firearm bipod in place, preventing the rifle from moving forward under recoil
- Made with tough and durable PVC material that is water and chemical resistant. Re-enforcement cross stitching in critical areas
- Shooting Mat can be used for multiple purposes besides as a shooting mat. You could use it for padding under a sleeping bag when camping, or rolled up as a pillow

Surplus Camo Tarp in Digital Camo



This U.S. Military Reversible Tarp delivers extra coverage and protection in the field, no matter how you need it. Create a small shelter or improvised tent to get out of the wind. Snap a few together to make an even larger structure. Use as a ground cover underneath your existing tent. Make a bivy to protect your sleeping bag. In any unexpected situation you are certain to find a use for it.

Each Tarp has been pre-tested by troops in the field, and may show signs of individual history including repair work.

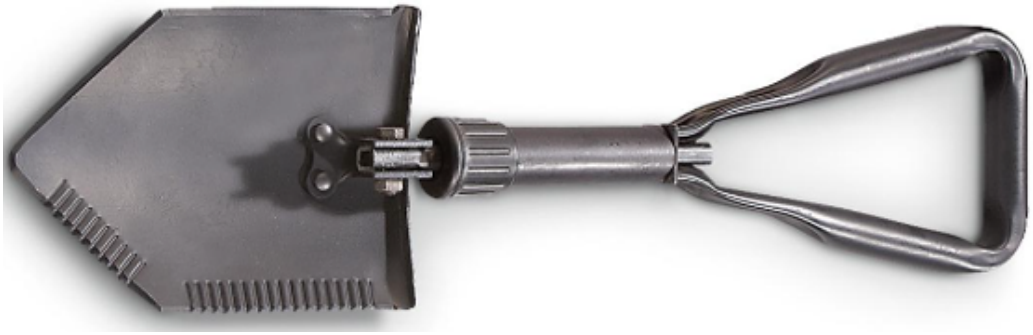
- Reversible Digital Woodland to Coyote
- Non-reflective ripstop nylon, waterproof-treated
- Snaps for connecting multiple tarps together
- Grommets for tying down to stakes or guy lines

Ghille Suit - Used for hunting and sniping, they help put meat on the table !

(Survival Tools)

A Good Survival Knife has an Endless number of Uses

A Machete is a heavy chopping knife (If you run out of ammo, it could save your life)



This surplus entrenching tool folds up small and stores in a sturdy nylon pouch

The Special Forces Shovel can be sharpened and used as a hatchet, and throwing weapon

The M48 Survival Shovel is a modern version of the special forces shovel

The Jeep Shovel is smaller than a full-sized shovel, and is perfect for vehicle kits

The surplus Swiss Pick Mattock is compact but tough - great for digging in rocky soil

A large Pruning Saw with sheath is another very useful survival tool

Fiskars makes several good chopping axes and splitting mauls, like these examples

Sportsmans Guide Survival Hatchet

SPORTSMAN'S GUIDE PRODUCTS DEALS BUYER'S CLUB BLOG BRANDS Search keyword or item #

HQ ISSUE

HQ ISSUE 14" Survival Hand Axe with Sheath and Saw

Item # WX2-707484 / Mfg. Number: T28049 / UPC: 885344819866

4.4 (29)

Clearance! Was $49.99

$29.99 / $26.99 Member

Start a 3-Month Buyer's Club Intro Membership for just $19.99 Details

ALL CLUB ORDERS $49+ SHIP FREE!

1

ADD TO CART

In Stock

Add to Wisl

Flint Stick stores on sheath

Saw stores in Handle

This HQ ISSUE™ Survival Axe is your all-in-one outdoors solution. Includes rugged Hand Axe, as well as a portable Camp Saw hidden in the handle for conquering smaller chores. It even a firestarter for extra peace-of-mind in emergency situations.Entire package is very compact for easy stowing in your backpack or other kit.

- 420 stainless steel 5" x 4" ax head
- Hidden 11.9" saw in hollow ABS handle
- ABS sheath with magnesium firestarter

Don't laugh, but I consider the lowly hacksaw to be an important survival tool. It can cut materials (such as pipe) into useful items. They are also good for cutting dovetail notches into limbs and poles. If you have one of these saws, you could make useful tools from parts of wrecked or abandoned vehicles, or other metal objects. Metal and wood-cutting blades are available, and carbide grit blades (which cut hardened steels such as padlocks, or even glass). Hacksaws are cheap, and light enough to keep in a pack, unlike a cutting torch and tanks, or a forge and anvil. I like to stock up on lots of spare blades; they are hard to make yourself.

(Wild Game Field Dressing Kits)

Field Dressing Kit in Nylon Pouch

Field Dressing Kit in Belt Pouch

(Sharpening Kit)

Keep your cutting tools sharp, with this Diamond-Coated Knife Sharpener

Another good sharpening tool is this Ten Inch Diamond-Coated Flat File

(Repair Kit)

Walmart sells this set of Repair Needles, in a handy storage pouch

This hand Sewing Awl can be used to repair Boots and Shoes, or Packs and Tarps

100% Nylon Repair Thread

Heavy 100% Nylon Repair Thread

Braided Fishing Line also works very well as a heavy repair thread

(Fishing Kits)

Pocket fishing kits can be purchased, or you can make your own custom kit

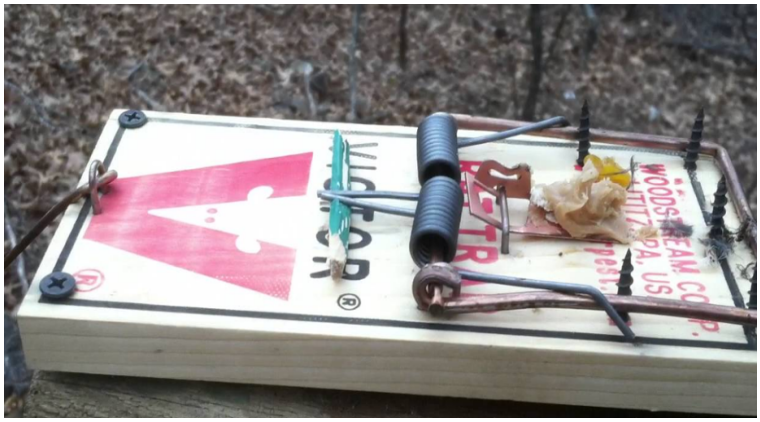
Trotlines and Gill nets are very efficient tools for survival fishing

Military Surplus - Life Raft Survival Fishing Kit

Components of kit include lines, hooks, floats, spearhead, net, and knife

(Trapping and Snaring Equipment)

Fish Hooks, Green Floral Wire, and Cable-Lock Snares can be used to trap small game



Rat Traps can also trap tasty Squirrels

Live-Catch Traps can catch breeding stock

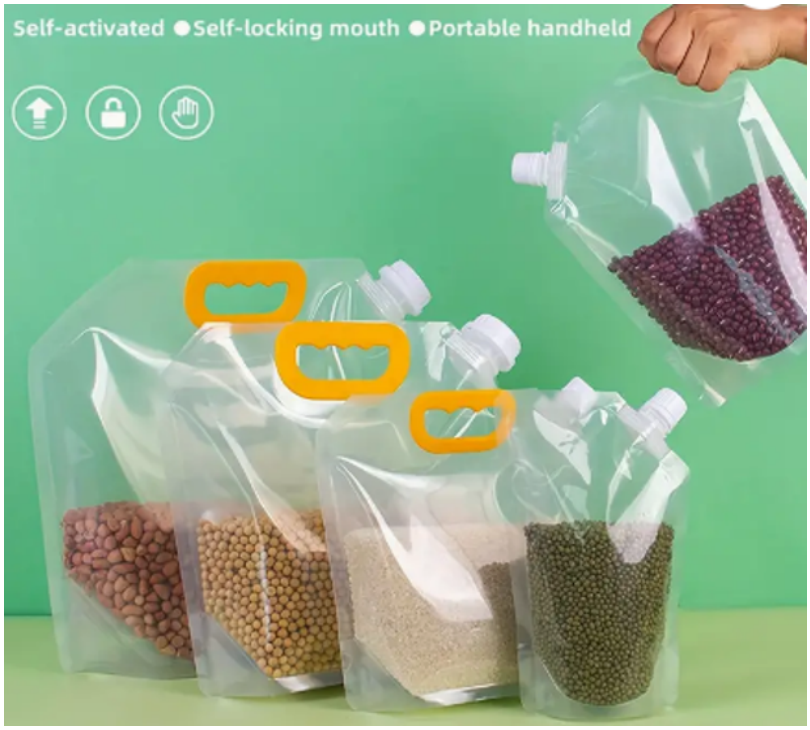
(Water Purification and Storage)

Boiling and Filtering are the two basic ways to purify drinking water

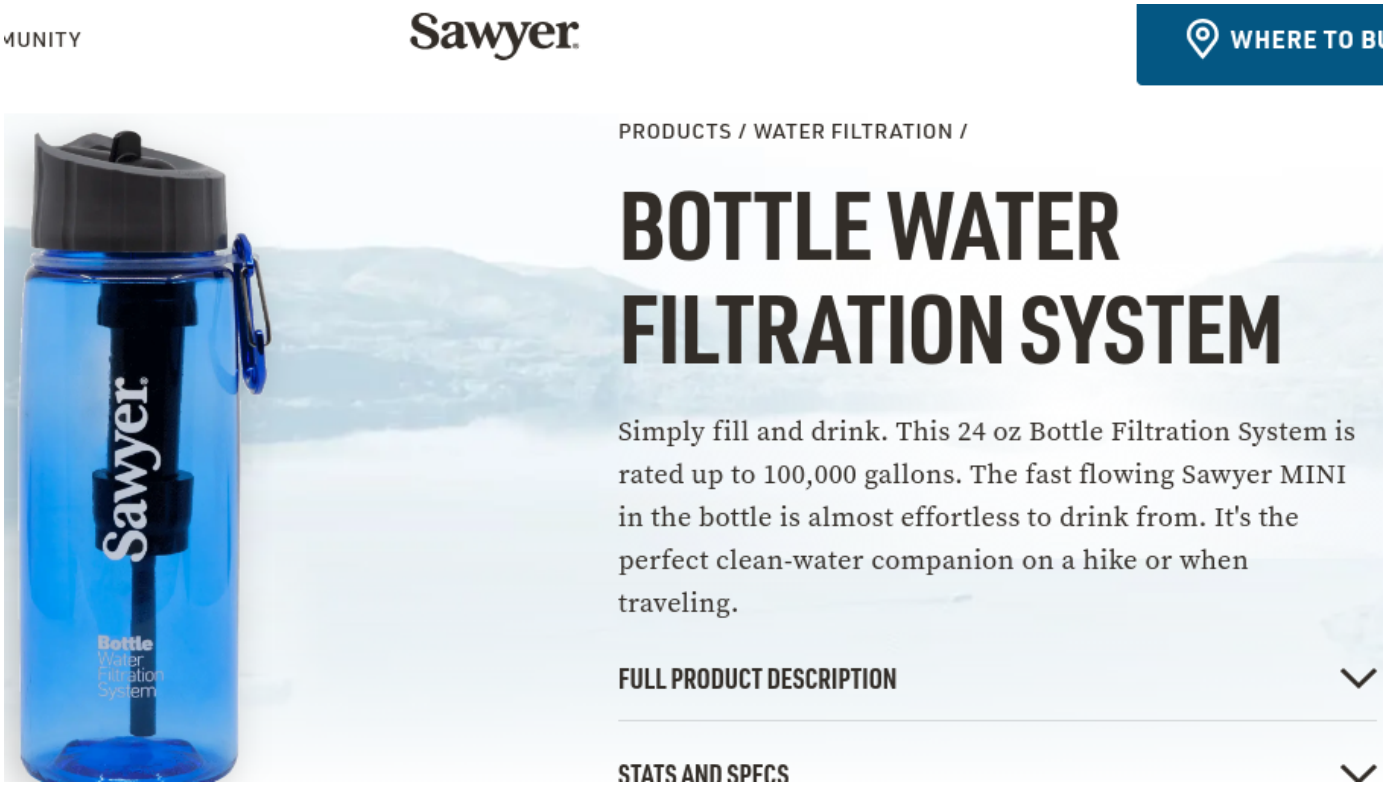
This surplus Swiss stove, bottle, and cup set boils water quickly, and stores compactly

Surplus canteen with nesting cup and stove ring, and another style, with nesting mess kit

Nalgeen Canteen



Flexible Water Storage Bags, in various sizes



Sawyer makes the best water filters for survival use, in several different styles.

PRODUCTS / WATER FILTRATION /

MINI WATER FILTRATION SYSTEM

Our #1 selling model, the MINI filter is a great choice for outdoor enthusiasts and emergency preparedness. These systems are affordable, highly versatile, and come ready to go on your next adventure.

FULL PRODUCT DESCRIPTION

STATS AND SPECS

PRODUCTS / WATER FILTRATION /

SQUEEZE WATER FILTRATION SYSTEM

The Squeeze Filter is our workhorse model and is the filter of choice for heavy users and those who need long term reliability. The Squeeze Filters come with a Lifetime Warranty.

FULL PRODUCT DESCRIPTION

STATS AND SPECS

COMMUNITY

Sawyer

WHERE TO BUY

Surplus water jerry cans are a very sturdy option, for storing drinking water.

(Camp Cooking Equipment)

Camp Butane Stove

Camp Propane Heater and Cooker

Camp Heater in Cooking Position

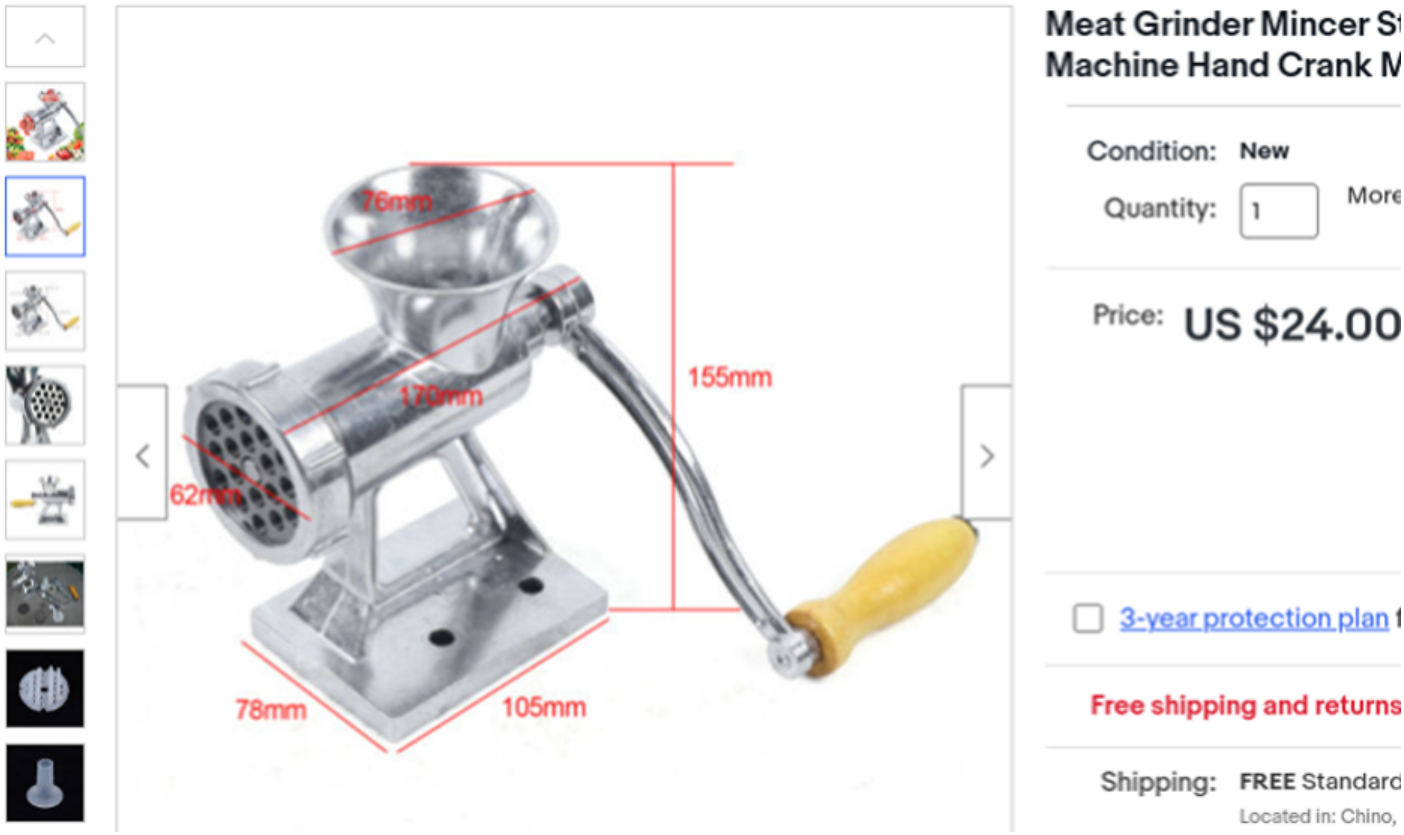
Camp Heater with Adapter Hose

Camp Wood Stove (Sportsmans Guide sells these - very well made, but heavy)

Titanium Wood Stoves are much lighter, but also more expensive

Titanium stoves are available in several different styles, and various sizes

Dutch Ovens are good for camp cooking, and can be placed directly on campfire coals



This tiny grinder can grind both meats and grains, and can also stuff sausages.

Survival cooking is easier with a camp coffee pot, and a small stock pot.

(Surplus Cold-Weather Clothing)

Surplus Woodland Parka

Surplus Woodland Parka Hood

Surplus Fur Ruff, for Parka Hood

Surplus Woodland Shooters Mitts

Surplus Snowshoes make winter travel easier

Surplus Snow Goggles can protect your eyes from snow blindness

(Field Hygiene Equipment and Supplies)

Surplus Field Hygiene Kits

Camo Portable Camp Toilet

Camo Camp Privacy Shelter

Camp Sink

Collapsible Camp Wash Basin

Camp Washing Station

Lavario Camp Washing Machine

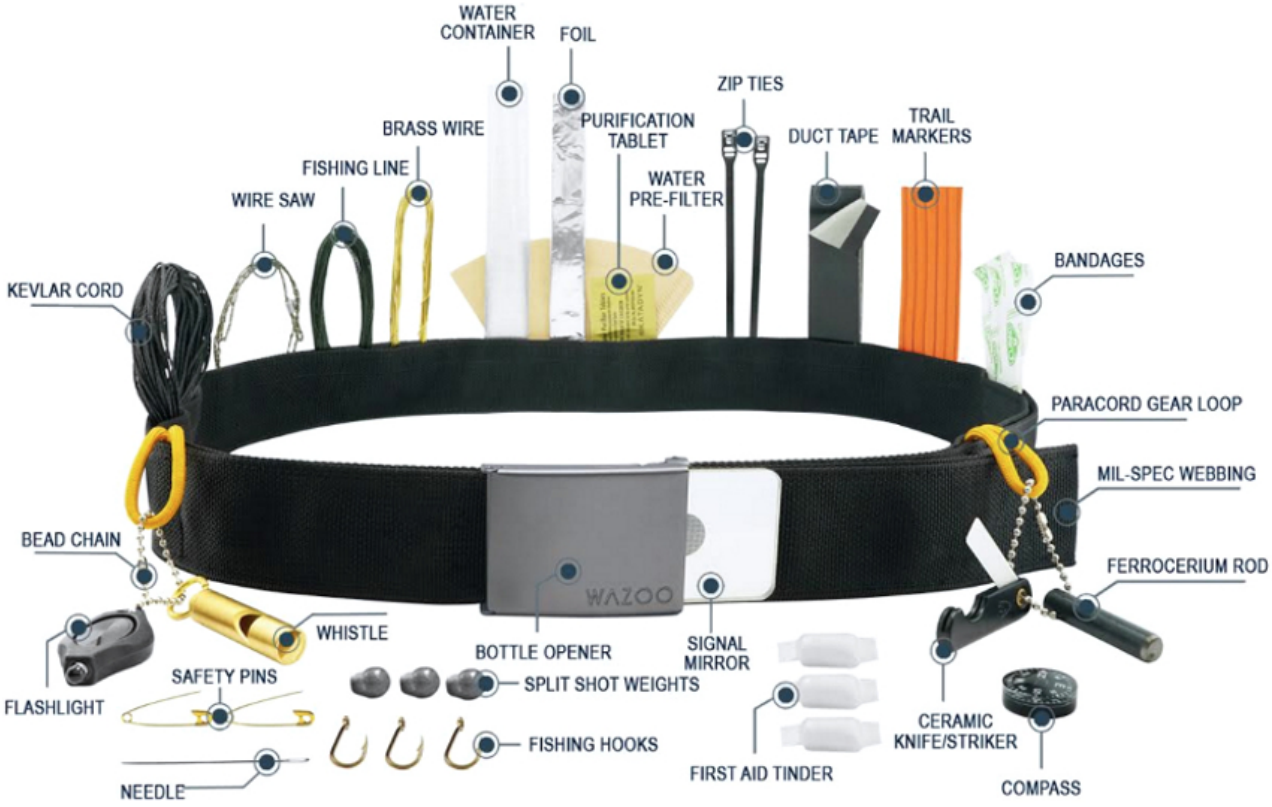
(Survival First Aid, and Field Surgery Gear)

A well-stocked medical kit can be a real lifesaver (pun intended), in a survival situation.

Bleedstop and Tactical Tourniquets can help you survive gunshot wounds, or knife cuts.

Dental Repair Kits and Toothache Gel can prevent a lot of unnecessary sufering.

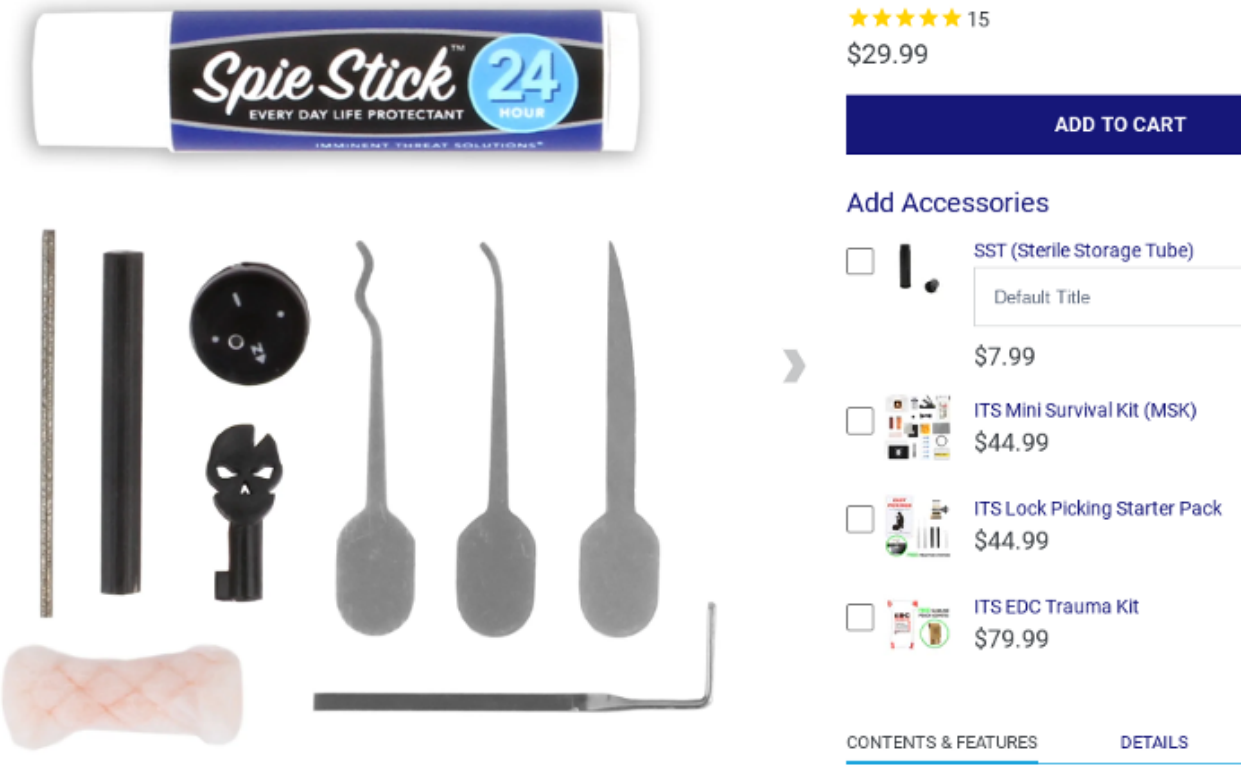
(Escape and Evasion Kits)



Escape and Evasion Belt Kit

Another Escape and Evasion Belt Kit

Escape and Evasion Kit in Strap Connector



Escape and Evasion Kit in Chapstick

Hostage Escape Card

$ 12.99

9 reviews

Quantity 1

Add to Cart

The **Hostage Escape Card (Kidnap Escape)** was designed by our Special Forces Cadre to be your discreet and constant companion. It features an array of implements to assist with the escape of unlawful restraints. You can easily carry it in a wallet or pocket and each individual tool can be removed for even more concealed carry options. You will be able to defeat handcuffs, cut through rope, tape, wood, zip-ties and even pick locks!

Escape and Evasion Tool Card

Escape and Evasion Patch Kit

Escape and Evasion Pocket Kit

Escape and Evasion Credit Card Size Survival Kit

Escape and Evasion slip-on Band Kit

Micro Escape Kit - Restraint Defeat - Zipper Pull (SM-MEK)

Hover over the image to zoom.
Click the image to view a larger image.

Made in the USA.

Login to review this.

Like One person likes this. Sign Up to see

Tweet

The Micro Escape Kit is one of the most miniature and comprehensive escape kits. Weighing in at just half an ounce, this kit can greatly increase your odds when escaping unlawful captivity is your best survival option.

FEATURES: The kit includes:

- Micro Handcuff Key
- Saw/handcuff shim pick,
- Ceramic Razor Blade,
- 6 feet of Kevlar® Trip Line for cutting through zip-ties and such,
- Tungsten carbide rod saw.

All these items are contained inside a tiny 0.35" x 0.35" x 2" compartment which slides out of the housing. The textured matte black housing makes this ideal as a "hidden in plain sight" device. It can be used as a zipper pull, inside your waistband hung from a belt loop, or hidden most anywhere else. Housing length: 2.8".

Escape and Evasion Kit in Zipper Pull

Zip Fire - Zipper Pull Fire Starter (SM-ZFR)

Login to review this.

Like Sign Up to see what your friends like.

Tweet

With the Zip Fire, a fire starting tool can always be as close as your zipper. Just attach it to the zipper on your jacket or backpack, and it will be ready and available whenever and wherever needed. The Zip Fire looks like and functions as a zipper-pull. It has a slide-out compartment which contains a 2″ ferrocerium rod and a razor blade striker. It has an all-black textured matte exterior and utilizes Kevlar cord encased in a black HDPE extruded cover for a durable UV-resistant finish. Overall length (excluding cord): 2.75 in. Container size: 2 in x .35 in x .35 in. Weight: 0.5 oz.

Escape and Evasion Fire Starter in Zipper Pull

OSS Lock Picks

$19.95

SKU:
OSS

Weight:
0.40 Ounces

Shipping:
Calculated at Checkout

Quantity:
1

Escape and Evasion Covert Lock Pick Tool

HIDDEN Cuff Key Zipper Pull Handcuff Non-Metallic Covert Escape Evasion - Jacket

Condition: New

Bulk savings: Buy 1 $8.95/ea | Buy 2 $8.50/ea | Buy 3 $8.41/ea

4 or more for $8.32/ea

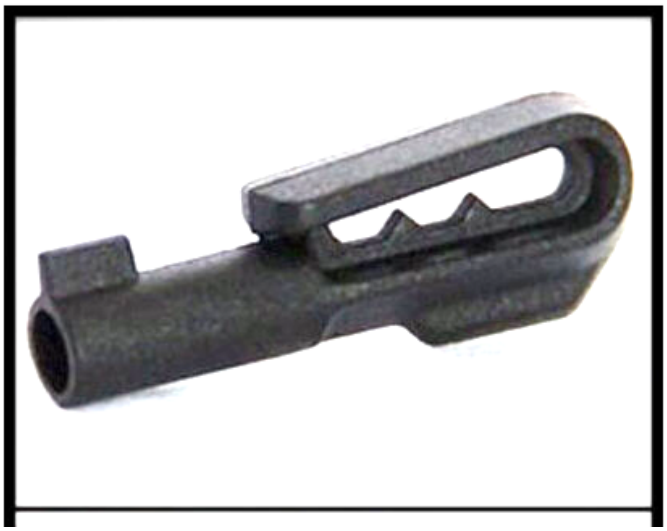
Quantity: 1 More than 10 available / 119 sold

Price: US $8.95/ea

Buy It Now

Add to cart

Escape and Evasion Handcuff Key in Zipper Pull



Handcuff Micro Mini Key w/ Clip Urban Covert Escape Evasion -Universal- USA made

Condition: New

Bulk savings: Buy 1 $6.55/ea | Buy 2 $6.22/ea | Buy 3 $6.09/ea

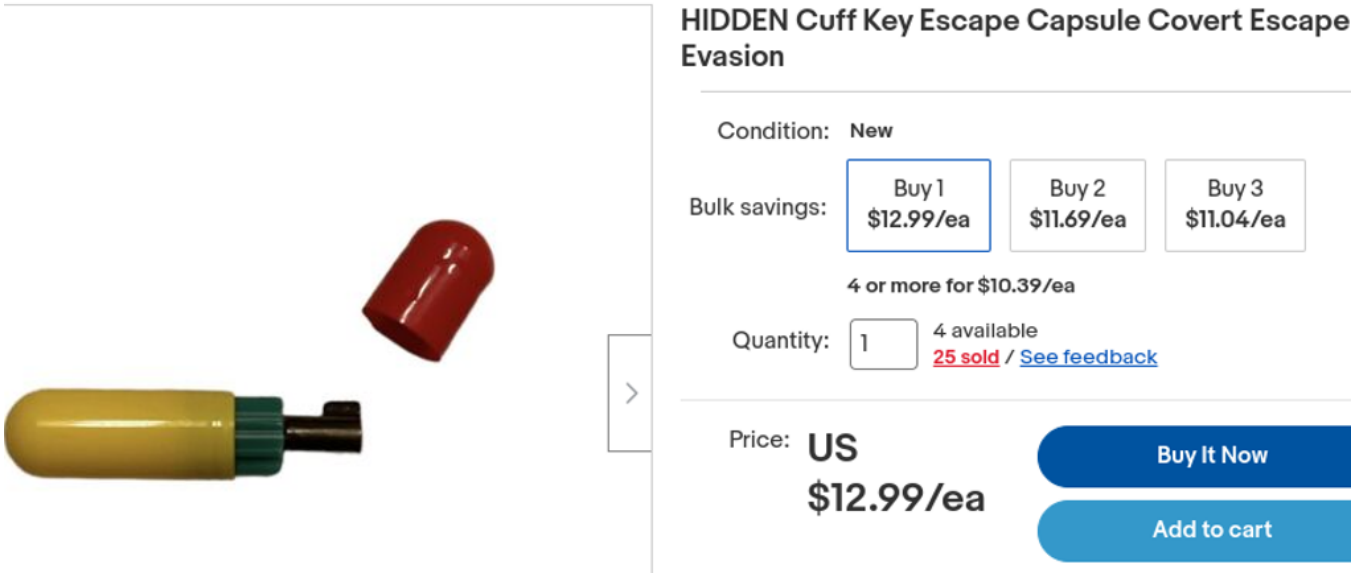
4 or more for $5.96/ea

Quantity: 1 More than 10 available / 318 sold

Price: US $6.55/ea

Buy It Now

Escape and Evasion Covert Clip-On Handcuff Key



Escape and Evasion Covert Capsule Handcuff Key

Escape and Evasion Handcuff Key in Strap Connector

Escape and Evasion Wristwatch The Recon 6 Survival Wristwatch is a kickstarter project that has several hidden functions. The watch swings out to reveal a small survival kit. On the top tray, there's a small liquid compass, a ferro fire rod, an emergency whistle, and a small magnifying glass. The bottom of the watch has a signaling mirror, and under the tray there is 25 feet of fishing line, and hooks. The watch also has an LED flashlight, a bottle opener on the strap buckle, and a blade with a can opener concealed in a sheath on the strap.

Cell Phone Case with Fixed Blade Knife

Cell Phone Pouch with Folding Knife

(Another Kickstarter Project)

Cell Phone Case with Multitool

Butane Lighter Holder with Folding Knife

Escape and Evasion Gun (the single-shot .22 caliber Life Card pistol)

The Life Card pistol folds to the size of a credit card, and will fit in a wallet

(Survival Transportation and Bugout Vehicles)

Rokon All-Wheel-Drive Off-Road Motorcycle in Realtree Camo

Rokon Motorcycle with Sidecar

Surplus 4WD Truck in Woodland Camo, with matching Cargo Trailer

Camo Camping Trailer (lets you haul extra gear, and have a place to sleep)

The Camo Camaro (For when you need to bugout in a hurry)

Bugout Horse (for use when you run out of gas)

The bugout horse is amphibious, and has off-road capability.

(And you can add extra horsepower, to increase carrying capacity.)

Bugout Mountain Bike

(And a few miscellaneous items, that you should also have !!)

A little extra ammunition

Readywise 5400 Serving Ultimate Variety Emergency Food Pallet (5,400 Total Servings)

Item 1628934

★★★★½ 4.4 (30) Write a review

Online Price	$2,999.99
Less	-$500.00
Your Price	$2,499.99

Shipping and Handling Included*

$500 OFF

$500 manufacturer's savings is valid 3/1/23 through 3/27/23. While supplies last. Terms & Conditions

Features:

- 36 Stackable 5.3 Gallon Buckets
- Variety of Delicious Meals
- Easy Preparation, Just Add Water
- Made in the USA
- Up to 25 Years Shelf Life

A little extra storage food

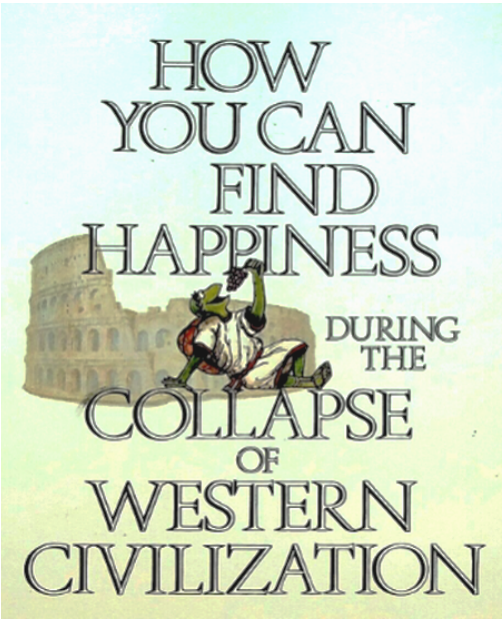
A good supply of fire-starting tools

A good supply of LED Flashlights and Headlamps, and lots of extra batteries.

A small selection of useful hand tools, in a portable storage roll.

A good supply of Insect Repellant, Head Nets, and Camp Mosquito Netting

Portable Survival Food Supply, in Ammo Can



Collection of Survival Reading Material

Survival Buddy - A rare and elusive creature, the survival buddy is not very sociable.

With a wide array of survival skills, they are worth befriending, if you can find one !